

# Café Mocha

### **INGREDIENTS**

1 oz espresso (instant or freshly brewed)

1 cup (8oz) whole milk

3 Tbsp mocha sauce
Additional flavors (optional)
Whipped cream (optional)

#### DIRECTIONS

100

- 1. Prepare espresso and pour into a cup.
- 2. Froth milk: In a small saucepan over low to medium heat, heat milk to 150°F, stirring constantly. Pour into a container large enough for the volume to double and froth using a handheld milk frother or whisk. Microwave instructions: In a microwave-safe container, heat milk in microwave for 30-60 seconds, stirring after 30 seconds and in 10-second intervals after. Milk is ready once it reaches 150°F. In a container large enough for the volume to double, froth using a handheld milk frother or whisk.
- 3. Add mocha sauce to the espresso and stir until it is completely mixed. If you are adding additional flavors, add them in now as well.
- 4. Mix the frothed milk into the prepared espresso. Enjoy!

#### ICFD VARIATION

To make an iced mocha follow the same directions, but pour the espresso mixed with mocha sauce and any additional flavors over ice before adding milk.

## BREAKDOWN & FACTS

A café mocha is 1 oz espresso mixed with 3 Tbsp mocha sauce, and 6-8oz milk.

Want to switch it up? Try adding additional flavors!

Add 2-3 Tbsp of peppermint syrup for a holiday treat or 2-3 Tbsp of salted caramel syrup for an added rich sweetness.



Did you know that one cow can produce up to 7 gallons of milk a day?

WHIPPED CREAM

1 CUP WHOLE MILK

3 TBSP MOCHA SAUCE



1 OZ. ESPRESSO

